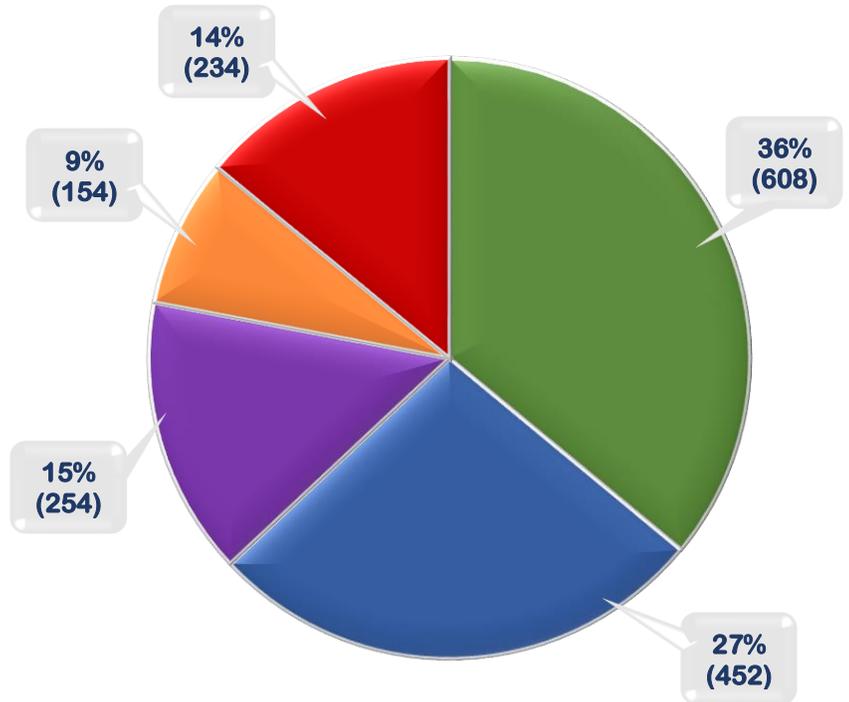


From ACEs to Assets: Growing Resilience in Monroe County

The 2017 Monroe County ACEs sample included 1702 respondents, representative of both urban and suburban districts.



Compared to youth with 0-1 ACE, in Monroe County youth with two or more ACEs are...

- 9 times more likely to have attempted suicide
- 5 times more likely to feel sad for 2+ weeks within a 12-month period
- 4 times more likely to have come to school under the influence

There is HOPE: RESILIENCE trumps ACEs

Many assets reduce risk for one or more behavioral concerns. However, when any of these assets are present:

- I matter to my community
- I have at least one non-parental adult support
- or*
- I receive encouragement at school

We reduce the risk for both feeling sad for 2+ weeks in a year and consideration of suicide.

There is a role for every adult to play in increasing health and well-being in youth.



How did we begin?

In 2015, the Monroe County Office of Mental Health partnered with the Department of Public Health, and local school districts to include 11 Adverse Childhood Experience (ACE) questions in the Youth Risk Behavior Survey (YRBS). This groundbreaking initiative:

- Surveyed current High School students vs. adult retrospective report
- Provided a detailed descriptive analysis of students' ACE score with general demographics –including the relationship with academic achievement
- Presented the unequivocal correlations between risk for concerning health, mental health, and behavioral outcomes such as substance use, depression, suicidal ideation, and violence
- Elevated the necessity to implement trauma-responsive practices across education and youth-serving systems



Where are we now?

Replicated and enhanced in 2017, the Monroe County YRBS/ACEs analysis now includes indicators on how resilience development:

- Plays a vital role in decreasing risk for mental health, substance use, suicide ideation, and violence
- Creates a central framework for cross-system collaboration
- Allows all adults to identify actions to improve outcomes for youth at the individual, sector, or community level
- Provides all youth with essential attributes to meet life challenges with greater success



What's next?

Further exploration of this data will allow community stakeholders to deepen their understanding and skillset in working with youth and families to improve outcomes. By continuing to expand our network of committed partners we will accelerate the growth of a community-wide resiliency framework to:

- Support the growth of healthy adults
- Increase academic engagement and achievement
- Decrease risk and enhance assets for all youth
- Minimize risk for compassion fatigue and vicarious trauma by supporting youth-serving adults

NEW Resource

Trauma-Informed Care – Organizational Self-Assessment Tool (TIC-OSAT)

The TIC-OSAT is a strengths-based organizational self-assessment tool that provides organizations with a point in time “snapshot” of where they are in their journey towards becoming trauma-informed. Learn More: <https://ccsi.org/Pages/TIC-OSAT>

Learn More...

Please Visit

Coordinated Care Services, Inc. - www.ccsi.org

Finger Lakes ACEs Connection - <http://www.acesconnection.com/g/finger-lakes-ny-aces-connection>

